Ensure Safety for Self and Others

Dial Triple Zero (000) for an Ambulance

If the person is able to swallow:

Onset Symptoms:

Is able to swallow

Sweating, pallor Rapid pulse

Trembling, shaking, weakness

Hunger

Light headed, dizzy

Headache

Lack of concentration

Mood changes









Make comfortable.

If the casualty can safely swallow, give high-energy foods, sugar, honey or a glucose tablet.

He/she will respond quickly if low blood sugar levels are the cause. He/she may be a little confused on recovery.

Make sure a normal meal is eaten.

If the person is unable to swallow:

Emergency Symptoms:

Unable to swallow

Loss of coordination

Can't follow instructions

Slurred speech

Fitting/seizure

Unresponsive

Unconscious



If drowsy, unable to swallow or unconscious IT IS AN EMERGENCY

DIAL 000 IMMEDIATELY

Say "Diabetic Emergency" and follow instructions.

Do not allow to eat or drink.

Wait with them until the ambulance arrives.

If family member or carer is trained to do so, as required:

Use a blood glucometer

Use a GlucaGen ® HypoKit ® glucagon injection