DRUG & ALCOHOL OVERDOSE

NOT Moving but IS Breathing



Turn them over onto their side

continually check they are Breathing

Delay could be DEADLY!

CALL THE AMBULANCE ON 000

Remember.....

Ambulance officers DO NOT tell the police that you or your friends have taken drugs

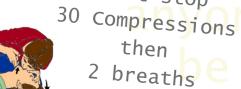


get a response

Start CPR Do 30 compressions on their chest

Tilt their head and give 2 breaths for
your OUT
mates
Don't OF
let
anyone
be
malone







You have NOTHING to fear by calling the paramedics for help, and you may save a friend's life